



# Resource Sheet

to compliment Alberta school tours of WORK PLAYS and THAT'S DANGER!

## General Workplace Concerns

The **Work Plays Schools Program** is a program of the **Alberta Workers' Health Centre**. The Centre offers advice on workplace hazards and other employment problems and can help you get the help you need. It is a registered charitable organization and offers its services free of charge. Phone our province-wide toll free number at **1-888-729-4879** or **Edmonton local 780-486-9009**. Contact us through our web site: [www.workershealthcentre.ca](http://www.workershealthcentre.ca) or email [info@workershealthcentre.ca](mailto:info@workershealthcentre.ca)

## Other Sources for Help and Information

**Alberta Occupational Health and Safety (OHS)** is the government agency that deals with occupational health and safety for most workers in the province: [www.employment.alberta.ca/ohs](http://www.employment.alberta.ca/ohs). Toll free: **1-866-415-8690**, Edm: **780-415-8690**

**The Legal Resource Centre** provides information and education on the Law through its **Canadian Legal FAQs** website. It has specific information on Youth and the Law at Work: [www.law-faqs.org/work](http://www.law-faqs.org/work)

**WorkRights.ca** is a website with general information about workplace rights and many links, with a focus on young workers: [www.workrights.ca](http://www.workrights.ca)

**Young Workers Zone**, from the Canadian Centre for Occupational Health and Safety, has online databases of hazards and health and safety info for Young Workers: [www.ccohs.ca/youngworkers](http://www.ccohs.ca/youngworkers)

**Association of Alberta Sexual Assault Services**, an Alberta website if you need help for yourself or someone you know who is being sexually harassed or assaulted in or outside of the workplace: [www.aasas.ca](http://www.aasas.ca), or the **Kids' Help Phone**: [www.kidshelpphone.ca](http://www.kidshelpphone.ca)

Non-profit organizations in Calgary and Edmonton that specialize in providing you with free help regarding your workplace concerns:

**The Edmonton Community Legal Centre:** 780-702-1725 or [www.eclc.ca](http://www.eclc.ca)

**Calgary Legal Guidance:** 403-234-9266 or [www.clg.ab.ca](http://www.clg.ab.ca)

**The Calgary Workers' Resource Centre:** 403-264-8100 or [www.calgaryworkers.org](http://www.calgaryworkers.org)

*The Work Plays Schools Program is sponsored in part by*

**Alberta LAW  
FOUNDATION**

Specific questions?  
Turn over →

A Program of the Alberta Workers' Health Centre [www.workershealthcentre.ca](http://www.workershealthcentre.ca)

## ***Some Questions to Ask Your Employer:***

1. What are the dangers of my job?
2. Who will be training me? Who will be training me in job safety?
3. Is there any safety gear I will be expected to wear? Who will train me in how to use it?
4. Do I have a union, and if so who is my Union Steward?
5. What is our harassment policy?
6. Do we have health and safety meetings? What are my health and safety responsibilities?
7. Who do I ask if I have a health and safety question?
8. What are the emergency procedures and where is the emergency equipment?
9. What do I do if I or a co-worker gets hurt? First Aid? WCB?
10. Who do I talk to if I have questions about my paycheque and schedule?

## ***Health and Safety Rules and Regulations in Alberta***

Occupational Health and Safety Act and Regulations for the province of Alberta, including the obligations of workers and employers and the process to follow if you believe you face imminent danger at work (***Right to Refuse Unsafe Work***)

[www.employment.alberta.ca/ohs](http://www.employment.alberta.ca/ohs) or phone toll free 1-866-415-8690, Edmonton 780-415-8690

## ***Workplace Health Hazards***

The ***Canadian Centre for Occupational Health and Safety*** is a non-profit health and safety information centre with online databases of workplace hazards and information for young workers: [www.ccohs.ca/youngworkers](http://www.ccohs.ca/youngworkers)

## ***If injured on the job***

The Alberta ***Workers' Compensation Board (WCB)*** handles claims related to work injuries and illnesses

[www.wcb.ab.ca/workers](http://www.wcb.ab.ca/workers)

or phone toll free 1-866-922-9221

## ***Filing a Complaint against your employer for pay, vacations, hours, etc.***

***Employment Standards*** is the Government of Alberta agency that regulates and enforces wages, vacation pay, holiday pay, hours of work, etc.

[www.employment.alberta.ca/es](http://www.employment.alberta.ca/es)

or phone 780-427-3731 in Edmonton

or toll-free 1-877-427-3731

## ***Harassment, Discrimination, and Human Rights in the Workplace***

The agency responsible for hearing and investigating your complaints is the ***Alberta Human Rights Commission***:

[www.albertahumanrights.ab.ca/employment.asp](http://www.albertahumanrights.ab.ca/employment.asp)

or phone 780-427-7661 in Edmonton

or 403-297-6571 in Calgary

## ***Labour Relations and Unionizing your Workplace***

The ***Alberta Labour Relations Board***, the provincial body that makes and enforces the rules about union-management relations: [www.alrb.gov.ab.ca](http://www.alrb.gov.ab.ca)

The ***Alberta Federation of Labour***, the umbrella body for most unions in the province: [www.afl.org](http://www.afl.org)

If you have problems accessing a particular website, a search engine with key words or phrases listed above should point you in the right direction. If you are not satisfied with the help you get from the agencies that are responsible for health and safety, workplace harassment or employment conditions, please contact the ***Alberta Workers' Health Centre*** to discuss other possible solutions:

toll free: 1-888-729-4879 or Edmonton local: 780-486-9009

[www.workershealthcentre.ca](http://www.workershealthcentre.ca) or email [info@workershealthcentre.ca](mailto:info@workershealthcentre.ca)

